



## ELG for GHB: Emergency Loadout Guide: Get Home Bag Checklist and Tips

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# E.L.G. for GHB

Emergency Loadout Guide: Get Home Bags  
Bag Selection - Checklist - Uses - How To Use

<input type="checkbox"/> BOB	<input type="checkbox"/> INCH	<input type="checkbox"/> VEK	<input checked="" type="checkbox"/> GHB	<input type="checkbox"/> EDC	<input type="checkbox"/> K9
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This Emergency Loadout Guide provides a checklist of must have items for a Get Home Bag (GHB). This by far is the most important loadout because it gets you home, home is your safe zone. Home is where you typically keep your Bug Out Bag and other supplies. If you can get home then you can plan from there. There are many types of loadouts carried for survival but the purpose of this guide is to prepare you with an easy to carry pack with supplies to last you at least 24hrs. It should have enough supplies to allow for a 1-2 day trip from danger to home. The GHB should be carried on your person or be able to be retrieved in under 5 minutes no matter your given location. It better prepares you than your EDC but doesn't quite match up to a fully loaded Bug Out Bag. It serves as a link between the two when a BOB is not needed or is not accessible.

**AKA: 24 Hour Kit, Go Bag, Day Pack.**

**Purpose:** Supplies you with means to travel short distances (24-48hrs) from a non-permissive environment to a secure rally point, supply cache, or homestead.

### Bottom Line Up Up Front (BLUF):

1. A BOB gets you from home to a Rally Point, but a GHB gets you home.
2. Learn how to use a GHB.
3. Follow checklist to build GHB.
4. Select the right size bag and stage it nearby.
5. Transition from GHB to other loadouts ASAP.

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### EMERGENCY LOADOUT: Terminology

**BOB:** A “Bug Out Bag” is a backpack style bag worn when expediently traveling from an undesirable location to a desirable location. This is typically when you must egress from home to a bugout location (BOL). It’s a worst case scenario loadout with items needed to survive a 72 hour trip. You’ll be able to travel quickly with these bare essentials. A BOB is the ideal loadout for unexpected civil unrest/rioting/looting, localized EMP, fuel/food shortage during grid down, etc.

**INCH:** “I’m Never Coming Home” is a loadout for when you must egress from home to a BOL with no intentions or expectation of returning home. It can be an INCH bag overloaded with supplies for a 10 day trip or a trunk or trailer pre-loaded in a Bug Out Vehicle (BOV) with supplies for a vehicle egress. The items in an INCH should aid in long-term settlements and retention of memoirs. For example a bag would have family photos and your child’s stuffed animal. The trunk/trailer would include solar panels, hand tools, fuel stabilizer, siphoning pump, etc. This loadout is better fit for responses to nuclear fallouts, land invasions, widespread EMP, pandemic, etc.

**VEK:** A “Vehicle Emergency Kit” has equipment and tools that stay inside your trunk until needed. It should have tools for common problems like a dead battery, frosted windshield, and low fuel. It should be there for a crisis such as longterm stranded motorist scenarios, snow storms, and crashes. The VEK will also be a supplement during SHTF cases.

**GHB:** The Get Home Bag is retrieved when traveling from an undesirable location to the homestead. Ideal for the vehicle, workplace, or out of town meeting. It has the bare essentials needed for a 1-2 day trip. The intent is to have minimalistic and subdued supplies that are quickly accessed and easily carried on a daily basis. A GHB will come in handy if the SHTF happens while you are at work or less than 100mi from home.

**EDC:** Your Every Day Carry is composed of useful tools and supplies to accomplish daily tasks. While some items can aid in a survival scenario the purpose of the kit varies. These items are carried on one’s person or kept nearby such as in a small pouch. EDC is also what you wear; this is EDW or Every Day Wear. A Personal Survival Kit (PSK) should be in your EDC.

EDC is in arm’s reach and gets used daily for common tasks. ↴  
↴VEK stays in your vehicle and can be used for minor roadside emergencies or as a supplement your other survival egress options. ↴  
↴GHB should be in with you on public transportation or when out and away from areas where you could store your BOB, it’s used to get home during an unexpected widespread emergency. ↴  
↴BOB is kept at secure locations like your car, work, or home and is used during rushed transition from danger to a rallypoint or home and only lasts for about 3 days. ↴  
↴INCH is for planned bugouts from home to a secure location. ↴  
↴Your K9 is with you at home, on walks, and should be apart of your survival plan to bridge the gap when other loadouts are not available.



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### **GHB: Bag Selection, Packing Guidelines, Staging, and Uses.**

1. The bag size should allow it to fit within other large bags, totes, or the glove compartment.
  - a. Think of this as a kit that could easily be carried without becoming cumbersome or left behind due to bulk.
  - b. Use a shoe box as a measuring guide, if your supplies will not fit in a shoe box then you need to reassess, choose smaller items, and pack tighter.
  - c. The GHB should be able to fit in your briefcase while on the way to work, in your backpack while between classes, or worn.
2. It should have at least 2 compartments such as outer pockets or pouches.
  - a. Some items of your kit will need quick access capabilities so having an outer pocket is needed.
3. It should have the ability to be worn handsfree.
  - a. Some examples of a good GHB are; Athletic Drawstring Bag, Fanny Bag, Large Dopp/Toiletry Bag, Over Shoulder Satchel, Dedicated Shoulder Purse, Small Backpack, Man Purse.
4. The bag should not be brightly colored nor military patterned. It should not bring attention to yourself. The object is to practice the “grayman” mindset and blend in with others.
5. The bag should be at least 10 liters in capacity and no greater than 27 liters.
6. It should be with you at all times unless not possible; at which point it should be able to be retrieved quickly.
  - a. If not worn or carried, stage the bag in a locker at school, in your office desk, at nearby coat/bag check of a hotel, in a cache nearby, in your vehicle, or anywhere that it can be kept secure and retrieved in under 5 minutes.
7. If you have a Bug Out Bag accessible, you should evaluate the situation and determine if using the GHB would enable to you to travel more efficiently. In most scenarios it will always be better to opt for a Bug Out Bag. However; due to the larger size of a BOB, a GHB is preferred for short term egress where a BOB is not nearby for retrieval.
8. Bare in mind that your GHB is a supplement to your Everyday Carry (EDC) which includes its own Personal Survival Kit (PSK). There are some items below that may be a duplicate to your EDC/PSK. Assess your supplies between all loadouts and consider removing or adding to fill in the gaps and address deficiencies. Remember, one is none, and two is one. Sometimes it's ok to have a backup.



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### GHB: Checklist

#### Water and water filtration

- ☐ **\*1x 20oz water bottle**
- ☐ Water purification tablets

#### Food

- ☐ 2x On-the-Go Energy Food (Beef jerky, Granola bars, energy bars, nuts)

#### Shelter

- ☐ Mylar survival blanket or Emergency Poncho

#### Fire-making

- ☐ Fire starting tinder
- ☐ **\*2x Bic Lighters**

#### Hygiene, Personal

- ☐ **\*Tissue or Handkerchief**
- ☐ Eyewear/Contacts and feminine products (if applicable)
- ☐ Hand sanitizer

#### Clothing

- ☐ 1x Socks
- ☐ Seasonal Clothing (overshirt, jacket, compact clothing)
- ☐ Gloves

#### Tools

- ☐ **\*Survival knife (Full tang or Folder, single edge, 7"-11")**
- ☐ Multi-tool (gerber or leatherman)

#### Security

- ☐ **\*Firearm and ammo**
  - o **Alternative Options: Pepper spray, Stun Gun.**

#### Lighting

- ☐ **\*LED head lamp**
- ☐ **\*LED (500+ lumen) compact waterproof flashlight with backup batteries**

#### Navigation & Comms

- ☐ Emergency hand crank NOAA/AM/FM radio/flashlight
- ☐ **\*Maps and compass**
- ☐ **\*Smartphone (Faraday protected, GPS enabled, offline maps, offline survival guides, etc)**
- ☐ Small pad and paper
- ☐ Pencil, **\*Sharpie**, Pen
- ☐ Whistle

#### First Aid

- ☐ Tourniquet
- ☐ Trauma dressing
- ☐ Bandages

#### Supplies

- ☐ Duct tape – wrap one of your items with 10'
- ☐ Large contractor grade garbage bag
- ☐ Paracord 100' military spec 550
- ☐ Dust Mask (Particulate Filtering Facemask) or Shemagh

#### Money / Barter



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- ☐ \$100 Cash

**Custom: If your expected location during a potential LAE (Life Altering Event) is more than 50 miles from home, you should supplement the above checklist with additional supplies to meet your individual needs.**

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**Other Loadouts: Remember that your other Emergency Loadouts should be apart of your overall plan. Incorporate these loadouts as relevant.**

- ☐ **EDC** - These are your items that are carried as part of your daily routine and will supplement the above list.
- ☐ **PSK** - This is a kit for basic survival needs, Due to it's micro size, it's capable of being a part of your EDC and can aid in meeting some of the checklist items of the GHB.
- ☐ **VEK** - Your vehicle kit includes all of the above items. If for some reason you cannot access your GHB or other loadouts, scavenge from your VEK or better yet egress in your vehicle if feasible.
- ☐ **BOB** - If accessible, consider using your BOB instead of GHB. It's better to be overly prepared than underprepared.
- ☐ **INCH** - While it's highly unlikely that your INCH loadout is obtainable when you are not even home yet, bare in mind, if for some strange reason it's accessible, use it to get home if applicable.
- ☐ **K9** - If your K9 is with you, use the K9 kit to supplement your egress to home and the aid of your dog for protection while in route.

*Items marked with an **\*Asterisk** in the checklist, should be packed in an outer pocket, attached to the outside, or worn. These are items require immediate accessibility.*



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### RESOURCES

#### **BUGGING OUT**

Determining when to bugout is specific to each scenario. The rule of thumb is to egress from one location to another when resources are near depletion and/or danger is increasing to a point to be no longer avoidable.

Superesse has developed an Emergency Response System to help assess your situation and react in concert with your support group. The ICERS plan (In-Case-of-Emergency Response Plan) is a downloadable and editable template in PDF and Word format.

Download at [www.superesstraps.com/products/icers](http://www.superesstraps.com/products/icers)

#### **ELG: EMERGENCY LOADOUT GUIDES**

This is 4 of 6 guides in the ELG Series. You will get first access to the remaining guides upon their release. Download the series at [www.superesstraps.com/collections/resources](http://www.superesstraps.com/collections/resources)

#### **PREPPING AND SURVIVAL GUIDES**

Checkout our digital library of topical guides for converting your [phone into a survival tool](#), caching supplies, [fishing during the apocalypse](#), [hardening your home during SHTF](#), [siphoning fuel](#), and more. View them all at [www.superesstraps.com/collections/resources](http://www.superesstraps.com/collections/resources)

### GEAR

#### **SUPERESSE GEAR**

You have access to our customer discount of 25% off all our [survival straps](#), [patch kits](#), [carryall bags](#), [hanks](#), and more. Use promo code “GETANOTHER” at checkout. Choose from a collection of wearable gear and micro tin kits that can be used to outfit your Emergency Loadouts.

### SUMMARY

This is a working document. Content such as gear suggestions, tips, packing ideas, and other info will be updated as we deem fit. You'll receive email notifications along with a download link.